**Resources**

**Crisis Lines**

National

National Suicide Prevention Helpline - 1-800-TALK

National Suicide Hotline – 1-800-SUICIDE

The Trevor Project for LGBT Youth - 866-488-7386

Trans Lifeline - 877-565-8860

GLBT National Help Center – <http://www.ginh.org/>

Anne Arundel County

AA County Warmline – 410-768-5522

YWCA (Domestic Violence Crisis) – 410-222-6811

Maryland Youth Crisis Hotline – 1-800-422-0009

**Anne Arundel County Public Schools Student Safety Hotline** - 1-877-676-9854

Baltimore

Turnaround (Baltimore Violence Crisis Line) – http://www.turnaroundinc.org/

Baltimore Crisis Response, Inc. - **410-433-5175**

House of Ruth (Domestic Violence Crisis) - 410-889-7884

Washington DC

DC Rape Crisis Center – <http://dcrcc.org/>

**Medical Providers**

Chase Brexton Health Care, Inc. (Baltimore, Randallstown, Columbia, Glen Burnie, Easton) – <http://www.chasebrexton.org>

Health Steps (Dr. Baksh in Silver Spring) – http://www.myhealthysteps.net/

Whitman-Walker Health (Washington, D.C.) – <http://whitman-walker.org/service/medical/transgender-care/>

Towson Medical Associates (Dr. Blackburn in Towson) – <http://www.towson.medical.com/>

Columbia Gateway (Dr. Tracy Gutierez in Columbia) – <https://goog.gl/c2Ap2h>

La Clinica Del Pueblo (Washington, D.C.) – <https://www.lcdp.org/>

Ava Port, University Of Maryland, Endocronolist

**Surgeons**

Dr. Beverly Fischer (Towson) – <http://www.genderreassignmentcenter.com>

Dr. Rachel Bluebond-Langner (UMMS in Baltimore) - (410) 328-2360

Dr. Paul Ruff (Washington, D.C) – [www.http:www.lcdp.org/](http://www.http:www.lcdp.org/)

Papillion Center (Dr. Mcginn in New Hope, PA)- <http://www.drchristinemcginn.com/services/srs/>

**Additional Therapists**

Sean Lare (in Columbia) – [www.seanlarecounseling.com](http://www.seanlarecounseling.com)

Nicole Hast (in Rockville) – 301-971-2950

Lissa Mantell (in Silver Spring) - <http://mantelltherapy.com/>

**Substance Abuse Support**

Recovery Village – www.recoveryvillage.com/resources/lgbtq

**Support Groups**

Hearts & Ears (Baltimore) – <https://www.heartsandears.org/>

AIDS Action Baltimore - <http://www.aidsactionbaltimore.org/?page_id=17>

PFLAG Columbia – Howard County - <http://pflagmd.org/>

Rainbow Youth Alliance - <http://rainbowyouthalliancemd.org/>

GLBT Community Center of Baltimore – support groups for FTM, MTF <http://glccb.org/>

Black Transmen, Inc - <http://blacktransmen.org/>

DC Area Transmasculine Society (DCATS) - <https://dcats.org/>

Casa Ruby – <http://casaruby.org/>

**On-line support:**

Baltimore Gender Identity Group: [gigmdgltccb@yahoo.com](mailto:gigmdgltccb@yahoo.com)  
Hagerstown Transgender Support Group:  <http://groups.yahoo.com/group/HagerstownTGs/>  
Transgender Equality Listserv:  <http://groups.yahoo.com/group/transequalitymaryland>  
Trans-United: [Trans.United@yahoo.com](mailto:Trans.United@yahoo.com)

**Legal Services**

Free State Legal (in Baltimore) – <https://freestatelegal.org/>

Translaw (in Washington, D.C.) – <https://www.translawdc.org/>

**Clothes and other supplies (binders, packers, wigs)**

Sugar (in Baltimore) - <http://www.yelp.com/biz/sugar-baltimore>

Case Ruby (in Washington, D.C.) - clothing exchange - <http://www.casaruby.org/> (also has additional supportive services)

HIPS (Washington, D.C) – clothing exchange - <http://www.hips.org/about.html/> (also has additional supportive services)

**Voice Training**

Loyola - <http://www.loyola.edu/academics/speech.aspx>